

The following instructions are designed to answer some frequently asked questions patients have when preparing for surgery at UCSF.

When am I having surgery and where do I go?

Your surgeon's office will provide you with the location, date, and time for your operation. If you do not hear from your surgeon's office and want to check on the status of your upcoming procedure, please call the surgeon's office and ask to speak with his/her practice assistant.

Will I meet my anesthesiologist before surgery?

You will not meet the anesthesiologist assigned to take care of you until the day of surgery. However, you will be assessed by one of UCSF's nurse practitioners prior to your operation. For some patients, this assessment will take place over the phone. For other patients, an in-person evaluation will be required in our PREPARE clinic.

What do I need to do right now?

You will receive a call from PREPARE 7-10 days before your surgery to set up either a phone consult or in-person PREPARE clinic appointment. If you do not receive a call from the PREPARE clinic, please call your surgeon's office to confirm that your operation has been scheduled and the referral to PREPARE was made.

Do I need to have any tests done prior to surgery?

You will be scheduled for a COVID test around 3 days before your surgery.

Your surgeon may also require laboratory or other diagnostics tests (such as an EKG or chest x-ray) prior to surgery, but it is also common to not need any further testing.

If you do need further laboratory or diagnostic testing and will be seen in-person in the PREPARE Clinic, your tests will be performed during your PREPARE appointment. If you are evaluated by phone, a member of the PREPARE team will give you explicit instructions on when and where to have these tests done.

If you are a Jehovah's Witness, you must notify your surgeon in advance of your procedure. In addition, you **MUST** discuss your desires regarding transfusion of blood products with your surgeon or the Nurse Practitioner from the PREPARE Clinic. If you have a bleeding disorder such as von Willebrand's disease or hemophilia, notify your surgeon in advance as special arrangements may need to be made in preparation for your surgery (for example, referral to a hematologist).

Will UCSF review my health information from other places?

In order to plan for a smooth surgery and recovery, we frequently need to review records from your other doctors. If you have had any of the studies listed below, please arrange to have the reports faxed to the PREPARE clinic. Delays in obtaining these records may lead to a delay in your upcoming procedure.

Please Fax the following records to PREPARE at 415-353-8577:

(If any of the following were done at UCSF, you do not need to provide these records)

1. Recent notes from your primary care provider
2. Recent blood work (within 6 months)
3. Stress test
4. Echocardiogram (Echo)
5. Electrocardiogram (EKG)
- 6 Cardiac catheterization
- 7 Pacemaker or ICD (Implantable cardioverter-defibrillator)
8. Clinic notes from any specialist who has evaluated you in the past 2 years (for example a cardiologist, pulmonologist, hematologist)

Which medications should I stop or start prior to surgery?

Our PREPARE nurse practitioner will give you detailed instructions on how to manage your medications prior to surgery.

Where do I go on the day of surgery? And when?

PREPARE will give you instructions on where to go on the day of surgery. Your surgeon's office will tell you when to arrive on the day of surgery.

Where is the PREPARE clinic?

There are two PREPARE clinics, one at Parnassus and one at Mission Bay. If you are coming in for an in-person appointment, PREPARE will tell you which clinic to go to. Directions are below:

Directions to UCSF Parnassus PREPARE

The Parnassus PREPARE clinic is located on the first floor of Moffitt-Long Hospital, 505 Parnassus Avenue, Room L-171, in San Francisco. Public parking at UCSF Medical Center is available in the Millberry Union Garage at 500 Parnassus Ave. UCSF Medical Center at Parnassus is accessible via MUNI streetcar line N-Judah, which stops at Second Avenue and Irving Street, and the following MUNI bus lines, which stop in front of the hospital: 43-Masonic, 6-Parnassus, 66-Quintara.

Directions to UCSF Mission Bay PREPARE

The UCSF Mission Bay PREPARE clinic is located on the third floor of the UCSF Ron Conway Family Gateway Medical Building, 1825 Fourth Street, Reception Desk 3B in San Francisco. Public parking for UCSF Mission Bay is available in the parking garage at 1835 Owens street. For public transportation the UCSF Mission Bay Campus is served by the Muni T-Third Street line, which stops at the UCSF Mission Bay Station located on Third Street near 16th Street. A new 55 Muni line will provide service from the 16th & Mission BART station to the Mission Bay hospitals. For more information on Parking and transportation please call 415-476-1511.