New and Expanded Clinical and Academic Space
The Dawn of a New Era for the Department of Otolaryngology - Head and Neck Surgery

The Department of Otolaryngology – Head and Neck Surgery has expanded its clinical and academic space to position our department amongst the best in the country in clinical care, research and educational programs. As of July 2009, we are pleased to announce that our clinical, academic and administrative operations have been consolidated at the UCSF Mount Zion campus, the location of the UCSF Helen Diller Family Comprehensive Cancer Center. This move greatly increases the department’s clinical and academic space by thousands of square feet, with the addition of new exam rooms and offices.

In addition, this consolidation allows for future expansion to accommodate faculty recruitments and new programmatic development. For example, the newly opened UCSF Balance and Falls Center provides diagnostic assessment using state-of-the-art equipment including a rotary chair and video electronystagmography. The multi-disciplinary staffing provided by otology, audiology, neurology, and physical therapy makes this one of the most comprehensive centers nationally. Most of our clinical operations have been unified into a three story building completely devoted to Otolaryngology - Head and Neck Surgery. This site unifies the Head and Neck Surgery and Oncology practice, the Otology/Neurotology practice, the Rhinology and Sinus Surgery Center, the Minimally Invasive Skull Base practice and the Sleep Surgery practice into one location. In addition, clinic staffing support functions have been centralized for several of our practices on the ground floor of the building.

The Voice and Swallowing Center remains in its original location within easy walking distance and continues to offer cutting edge services and new treatment modalities.

To increase patient access, we have also now centralized both our Audiology and Pediatric Otolaryngology - Head and Neck Surgery practices within the same building as the Voice and Swallowing Center, thus allowing for greater collaboration.

Continued on page 2
Continued from page 1

and synergy among our providers
and a considerable expansion of
clinical space. Our Pediatric
Otolaryngology - Head and Neck
Surgery practice has a comfortable,
light-filled waiting room for our
patients and their families, and
our practice has grown with the
recent recruitment of Pediatric
Otolaryngologist – Head and Neck
Surgeon Dr. Anna K. Meyer.

The department had also acquired
newly renovated academic space
at the UCSF Mt. Zion Campus. This
contemporary space includes newly
furnished faculty and staff offices,
skylights, and the new Roger
Boles, MD Library, which serves
as our main academic conference
room. The Roger Boles, MD Library
and conference space has state-
of-the-art audiovisual equipment
and seats 30. This new facility
will provide a superb setting for
educational and research pursuits.
Named in honor of our past
Department Chairman, Dr. Roger
Boles (1974-1989), this library will
support our learning tradition for
years to come.

While we have centered much
of our clinical and academic
operations at Mount Zion campus,
the Department continues to have
an extensive operative presence
at the UCSF Parnassus Campus
and provides complete inpatient
consultation coverage. In addition,
Otolaryngology – Head and Neck
Surgery continues to offer the full
complement of services at the
Veterans Administration Medical
Center, San Francisco General
Hospital, and at the Department’s
Pediatric Otolaryngology - Head
and Neck Surgery Marin satellite
practice in Greenbrae, California.

We are pleased to welcome Dr.
Katherine C. Yung, who joined
the faculty in the Division of
Laryngology at the UCSF Voice
and Swallowing Center in August
2009. Dr. Yung cares for patients
with a full range of voice, airway
and swallowing problems and
has comprehensive experience in
endoscopic microlaryngeal surgery
for benign and malignant lesions.

To celebrate our new facilities
the department will host an
Open House on October 29, 2009
beginning at 4:00pm at 2380
Sutter Street, 1st Floor in
San Francisco. A tour of our new
clinical and academic space will
begin at 4:30pm, followed by a
wine and cheese reception. You
are cordially invited to join us.

For more information on this event
or to RSVP, please contact Agnes
Ritter at: aritter@ohns.ucsf.edu

Clinical Update

We were extremely excited to
see our three fabulous Chief
Residents graduate on June 27,
2009. We will long remember
Drs. David Saito, Fred Roediger,
and Theresa Kim as a cohesive
group with superb leadership
and clinical skills. Dr. Saito will
go into practice with Dr. Eugene
Kim (UCSF Chief Resident 2004),
Dr. Fred Roediger will move to
Portland, Maine to join his father,
Dr. John Roediger (UCSF Chief
Resident 1976) in practice, and Dr.
Theresa Kim will become a fellow
in Pediatric Otolaryngology-Head
and Neck Surgery at Children’s
Hospital at Washington University
in St. Louis, Missouri. We wish
this extraordinary group well, and
are confident that they are up to
any challenge.

Our incoming PGY-1 residents
include Chase Heaton, MD from
Loyola, Ilya Likhterov, MD from
Cornell, and Brandon Prendes,
MD from the University of
Pennsylvania. As always, we
did extremely well in the match
attracting a highly qualified group
of individuals. Our incoming
PGY-2’s include Megan Durr, MD
from Johns Hopkins, John George,
MD from Duke, and Kevin Burke,
MD from Georgetown. Each

New Faculty Member

Katherine C. Yung, MD
Joins the UCSF Voice and
Swallowing Center

Please join us in welcoming the
newest member of our faculty in
the Division of Laryngology.

Dr. Katherine C. Yung, a
fellowship-trained Laryngologist,
joined the UCSF Department of
Otolaryngology – Head and Neck
Surgery in August 2009 as an
Assistant Professor.

At UCSF, Dr. Yung sees patients
and performs surgery at the
UCSF Mount Zion campus. Her
UCSF clinical interests focus
on the care and management
of patients with voice, airway,
and swallowing problems. She
has comprehensive experience
in endoscopic microlaryngeal
surgery including the treatment of
laryngeal and tracheal stenosis,
recurrent respiratory papillomas,
benign and malignant vocal fold
lesions, and vocal fold paralysis.

Dr. Yung was born in San Diego,
CA and raised in Houston,
TX. She returned to California
for college and received her
undergraduate degree from
Stanford University. She then
attended medical school and
completed her residency training
in Otolaryngology - Head and
Neck Surgery at Washington
University in St. Louis. While a
resident, Dr. Yung found that she
had a specific interest in laryngeal
disorders and a special affinity for
microlaryngeal surgery. Therefore,
following the completion of
residency, she further pursued
this interest in laryngology with
fellowship training at the UCSF
Voice and Swallowing Center,
under the direction of Dr. Mark S.
Courey.

In addition to her clinical practice,
Dr. Yung is actively involved
in teaching laryngology in the
Department of Otolaryngology
- Head and Neck Surgery
residency program and the
UCSF School of Medicine. Her
research interests include the use
of lasers in laryngology, medical
therapy for recurrent respiratory
papillomatosis, and treatments for
unilateral vocal fold paralysis.

Dr. Katherine C. Yung will be a
welcome addition to our center for
patients with voice and swallowing
disorders. The UCSF Voice and
Swallowing Center offers patients
complete diagnostic testing
for voice disorders, including
laryngeal stroboscopy, laryngeal
electromyography and acoustic
analysis.

For more information about
Dr. Katherine C. Yung, or to
contact her, please visit our
website at: http://ohns.ucsf.edu/

For referrals or consultations,
please call the UCSF Voice and
Swallowing Center at
(415) 885-7700

Katherine C. Yung, MD and Mark S. Courey, MD
Head and neck cancer includes cancers of the oral cavity, pharynx, larynx, salivary glands, thyroid gland and skin. Head and neck cancer accounts for 5 to 10 percent of all malignancies. There are about 50,000 new cases of head and neck cancer in the United States each year. The most common locations for head and neck cancers are in the mouth and throat (oral cavity and oropharynx), which account for more than half of all cases. About one-third are in or around the voicebox (larynx or hypopharynx). The Division of Head and Neck and Endocrine Surgery, under the leadership of Dr. Lisa A. Orloff, is a leader in the treatment of head and neck cancer. Other members of the division include Dr. Steven Wang, Chief of Otolaryngology-Head and Neck Surgery at the San Francisco VA Medical Center, Dr. Ivan El-Sayed, Director of the Minimally Invasive Skull Base Surgery program and Dr. David Eisele, Chairman.

The appropriate management of head and neck cancer is through a cooperative multidisciplinary team approach. The surgeons in the Division of Head and Neck and Endocrine Surgery work closely with UCSF radiation oncologists, medical oncologists, neurosurgeons, radiologists, pathologists, dentists, speech-language pathologists, and other members of the team involved in the care of head and neck cancer patients. All new head and neck cancer patients are discussed at the weekly UCSF Multidisciplinary Head and Neck Tumor Conference.

Specific services offered by the Division include surgical removal of tumors of the oral cavity, pharynx, larynx, sinuses, and thyroid and salivary glands as well as advanced skin cancers of the head and neck including melanoma, basal cell carcinoma, and squamous cell carcinoma. Minimally invasive techniques such as endoscopic skull base surgery, transoral laser microsurgery, sentinel lymph node biopsy, ultrasound-guided needle biopsy, and sialoendoscopy are employed when appropriate.

Reconstructive surgery after head and neck cancer removal is critical to obtaining optimal functional and cosmetic results. A full spectrum of plastic and reconstructive surgery options are offered, including skin grafts, local and regional flaps, and microvascular free-tissue transfer. All patients undergo evaluation by a speech-language pathologist so that speech and swallowing function is optimized during and after treatment. Other support services are made available to head and neck cancer patients including nutrition support, pain symptom management, and psychological support counseling. An active head and neck cancer support group exists for patients and their families.

If you would like additional information regarding head and neck cancer care at UCSF, or if you would like to refer a patient with head and neck cancer, please contact The Head and Neck Surgery and Oncology Practice at (415) 885 - 7528.
Continued from page 2

of the PGY-2 residents has spent significant time on the Otolaryngology-Head and Neck Surgery service and we know that they will be extremely successful in the Department. We are also welcoming former OHNS resident Dr. Ken Yu, Major, United States Air Force back to UCSF for some clinical work at San Francisco General Hospital while he is involved in the Maas/Kabaker facial plastic surgery fellowship.

On the institutional front, despite the economy, the people of San Francisco passed the bond measure to build a brand new San Francisco General Hospital by 2014.

In addition, UCSF has a new Chancellor, Susan Desmond-Hellmann. Dr. Desmond-Hellmann is a former internal medicine resident at UCSF. She most recently served as President of Product Development at Genentech. Dr. Desmond-Hellmann is a true clinician and scientist and will be instrumental in the growth and health of our institution’s future.

Finally, please join us for the UCSF Otolaryngology Update on November 5th, 6th, and 7th at the Ritz Carlton Hotel in San Francisco. We have a great faculty planned along with a new course format. In addition, Dr. Lisa Orloff will be directing the Ultrasonic Certification Course with the American College of Surgeons just before the Update on November 4th. This is in addition to our Audiology course on October 16th and 17th and our Laryngeal Endostroboscopy course on October 22nd-23rd.

Check it out online at: http://cme.ucsf.edu.

Rendering of the new San Francisco General Hospital

OHNS Book Drive for Bridge to Asia

In preparation for the Department’s relocation to Mount Zion campus in July 2009, a book drive was established to donate books, journals and other periodicals to the charitable organization Bridge to Asia. Because many young people throughout the Pacific Rim are interested in medicine and would like to learn English, medical reference materials are especially needed. Otolaryngology-Head and Neck Surgery donated 37 boxes of materials that will surely go to grateful and needy recipients. Dr. Ivan El-Sayed coordinated the book selection and Dr. Patricia Leake graciously picked up the books and drove them to the donation site several hours away. Special thanks to our staff team members who also worked diligently to ensure that the donation drive was a success.

To learn more about this worthy organization and how you can help, please visit: http://bridge.org/