

**UCSF Pediatric
Audiology Clinic at
Mission Bay**

Phone: (415) 353-2101
Phone: (415) 502-9709
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Ron Conway Family
Gateway Medical Building
1825 4th St., Fifth Floor, 5C
San Francisco, CA 94158

**Parent Instructions:
Natural Sleep Auditory Brainstem Response (ABR)
Testing**

Your child has been scheduled at the UCSF Audiology Clinic for natural sleep auditory brainstem response (ABR) testing. Please arrive at the Clinic at least 15 minutes ahead of time to check in. We are located at:

1825 4th Street, 5th Floor, Reception 5C
San Francisco, CA 94158

The purpose of this test is to evaluate your baby's hearing. This test is entirely painless to your child. It is important that your child sleep soundly throughout the test. In most cases, the test takes up to 2 hours to complete. Please follow these guidelines to help prepare your child for the test:

- Keep your child up later than usual the night before the test, and wake your child earlier than usual in the morning.
- While driving or traveling to our clinic, please do not allow your baby to sleep during the trip.
- Feed your baby only lightly 3 hours before the test so that your child will readily nurse or take a bottle after you arrive at the clinic. If you arrive earlier than scheduled, please do not feed your baby until the actual appointment time.
- Please bring a familiar blanket, toy, or pacifier (if your baby uses one).
- Dress your baby in something comfortable, preferably without a high collar.
- If you have other children who must come with you to the appointment, please make sure that another adult can come with you to watch them.

Please do not hesitate to call our Clinic at (415) 502-9709 if you have any questions regarding these instructions or the ABR test.